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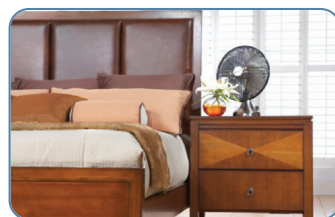
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End of Rideau?

Councillor says transit plan will kill mall's traffic

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

A downtown transit tunnel alignment that moves a major downtown transfer point from Mackenzie King to Rideau Street could kill the Rideau Centre, warns the ward councillor.

Rideau-Vanier Coun. Georges Bedard has asked city planners to come up with a formula to ensure they can keep pedestrian traffic through the remall.

Bedard said the Rideau Centre was originally conceived as a transfer point from rapid transit to local routes. The rapid transit line leaves people at the northern mall entrance. They cross through the mall to access the ByWard Market or local and STO routes on Rideau Street. That arrangement has turned the Rideau Centre into one of the largest

activity hubs in the city. The proposed change would put both rapid transit and local routes on Rideau Street.

"Somehow, we're going to have to ensure there is some kind of flow through to ensure the viability of the Rideau Centre. Otherwise it will just die, like it did during the strike," said Bedard.

"Somehow we're going to have to ensure ... flow ... Otherwise it will just die, like it did during the strike."

Coun. Georges Bedard

During the transit strike, Rideau Centre experienced a 30 per cent drop in activity. Bedard suggested moving local buses to Mackenzie King Bridge, which would effectively remove pedestrian flow.

City manager Kent Kirkpatrick has promised to develop alternatives council can consider to address those concerns.

Diane Holmes, the councillor of Somerset Ward — through which most of the 3.2-kilometre tunnel will pass — said she approved of the alignment and the proposed station location.

MORE COVERAGE, PG 2

City hall launch

Pick your festival



Comedian and television personality Jon Dore, of the Jon Dore Television Show, hammed it up at the launch of the festival season at city hall yesterday. In 2009, 48 festivals will keep an estimated three million residents and guests entertained. **Story, pg 2**

TicketsNow could be tickets not

CONTROVERSY The province will try to stop the resale of tickets by Ticketmaster and its subsidiary TicketsNow. CBC News Online reports.

The government is amending Ontario's Ticket Speculation Act to stop Ticketmaster from sending customers to TicketsNow for higher-priced tickets, the province's attorney general said in a news release yesterday.

Selling tickets for more than their face value is against the law, but that didn't stop Ticketmaster from allegedly saying it had run out of tickets for certain events, but they were available at inflated prices from TicketsNow, where concertgoers would be charged as much as \$2,500 for a ticket worth about \$100.

METRO NEWS SERVICES

Style pg 12

Make drums beat



Comment pg 6

Lovers and other pursuits

Entertainment pg 13

It's a Dylan life for Bob

 Please recycle

Grisly discovery unearths missing woman

TRACEY TONG
tracey.tong@metronews.ca

A crane operator made a grisly discovery Saturday while he was removing logs from Dufferin Dam,

Gatineau police said yesterday.

Police said a worker discovered the body of a 40-year-old Gatineau woman who had been missing since last fall.

Lucie Caron had not been

seen since Oct. 27. While police searched for her last year, the search had been postponed for the winter, said Gatineau police Const. Isabelle Poirier.

The search had recently resumed and police ordered

searches at a property at 606 Georges St. in Buckingham, where they believed Caron's body was located.

While the body was found Saturday, Poirier said it took longer than usual to identify because it had been

in the water for so long. Police also had to contact the next of kin.

Poirier said the death isn't considered to be suspicious, but that investigators had requested a medical autopsy.

PHONES AT



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The Canada Science and Technology Museum invites families to celebrate the universe and all its entities on International Astronomy Day Saturday. Activities include exploring the night sky, examining meteorites, making a take-home planisphere and a star party. **METRO OTTAWA**

Local



Shuttling to the Tulip Festival

Just in time for the Canadian Tulip Festival, the OC Transpo Family DayPass is now valid on Saturdays, Sundays and holidays starting May 2, OC Transpo said. The price of a normal DayPass will also be reduced to \$7. On weekends during the Tulip Festival, OC Transpo will run a shuttle along the canal route between Dow's Lake and downtown Ottawa from 10 a.m. until 6 p.m. The Tulip Shuttle requires a regular fare, transit pass, transfer, or O-Train ticket, with children ages five and under riding free. **METRO OTTAWA**

Walkers set to raise funds for affordable housing

TULIPATHON A group of individuals concerned about the growing housing crisis in Ottawa will hold a charity walk on Sunday to work towards providing affordable housing for low-income households.

"I think the housing crisis is a very hidden problem," said Sue Evans, executive director of the Multifamily Housing Initiative, which is organizing the Tulipathon charity walk at Dow's Lake.

"When people think of the homeless they think of the image of people living on the street. They don't think about families. However, there's a very large group of people in Ottawa at risk of losing their housing."

Evans said in 2007, the average rent for a one-bedroom apartment in Ottawa was about \$800, which is unaffordable for more than 30 per cent of the city's earners. More than 24,000 renters in Ottawa are spending more than 50 per cent of their earnings on housing every year.

Evans hopes that the weekend's Tulipathon raises not only \$10,000 — the charity's goal for the event — but awareness, too, about the magnitude of Ottawa's housing problems.

MJ DESCHAMPS/FOR METRO OTTAWA

FlareFashion

Lisa Tant

Read the blog at metronews.ca/flarefashion



Mayor Larry O'Brien unveils the recommended route for the first phase of the city's rapid transit network yesterday at an event under the Plaza Bridge. Under the proposed plan, the bridge could be one of the access points to the downtown transit tunnel's Rideau Station.

Recommended LRT route put forward

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When Ottawa's downtown rapid transit tunnel is finally built, it will likely run through a 3.2-kilometre tunnel that starts east of LeBreton Flats and ends south of Mann Avenue.

Yesterday, Vivi Chi, the city's manager of transportation and infrastructure planning, revealed the city staff recommendations for the \$830-million first phase of the rapid transit system, which includes 12.5 km of electric light rail from Tunney's Pasture to Blair Road and the downtown tunnel.

Most of the LRT line would follow the existing Transitway, but most of the tunnel

First phase

The transit committee will receive the city staff recommendations on May 6. City council will vote on it on May 27. An environmental assessment for the tunnel is expected to be completed January 2010. The city staff timeline calls for the digging to start in 2012 and could take four to five years to complete.

will not follow any road.

Instead, after running under Albert to Kent Street, it will take a "cross-country" path and shift north to meet Rideau Street and Colonel By Drive. From there it will run south at Nicholas and rejoin the Transitway.

The tunnel would have

four 180-metre underground platforms: Downtown West would be between Bay and Lyon along Albert Street; Downtown East would be between Bank and O'Connor along Queen Street; Rideau Station would run underneath the Government Conference Centre.

City staff had previously recommended that Campus Station be above ground, but now Chi said they believe the soil conditions are not good enough around Laurier Avenue where a short tunnel would end. Instead, she said it would be easier to extend the tunnel by 700 metres near Mann Avenue.

Chi said the tunnel would be dug 30 metres below the surface through "very good bedrock."

More than 48 fests for some feel-good fun

TRACEY TONG
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Ottawa has long been branded as "the town that fun forgot," said the president of Ottawa Festivals yesterday.

No more. Ottawa Festivals launched its 2009 season in style yesterday, announcing more than 48 festivals and special events — sometimes more than one per week — this year.

"We're seeing a great variety of events," Ottawa Festivals president Julian Armour said yesterday.

While the Ottawa International Jazz Festival "has grown so much in the last 10 years," Cisco Ottawa Bluesfest has become one of the biggest of its kind in the world, Armour said.

Other festivals, including the Ottawa International Animation Festival, the Writers' Festival, the Ottawa International Children's Festival and the Ottawa Folk Festival, offer what Armour calls "an amazing variety" to residents and guests alike.

The city's festivals get bigger and better every year, said Coun. Diane Deans.

"Every time I open the paper, I see the talent we are attracting," she said.

"Three million people will be coming through (Ottawa) during festival season," said Deans.

In addition to bringing residents and tourists out, festivals also involve more than 15,000 volunteers and 600 sponsoring organizations, Deans said.

"One can't help but feel proud of our community

Online

Social networking sites will be tapped to spread the word about local events this year, said executive director of Ottawa Festivals Barbara Stacey. In addition to being connected through tools like Facebook, Twitter and YouTube, Ottawafestivals.ca will be re-launching its new and improved site soon, she said.

when one sees the success of the festivals," she said.

"Festivals are a great way of bringing people together," said event emcee, comedian and star of the Jon Dore Television Show, Jon Dore.

"Festivals are not always about bringing tourists into the area for the economy. It's about the beer tent," he joked.

metronews.ca

What's online today.

Video Manitoba's flood-blocking sandbags find new life at zoos and construction sites at metronews.ca/canada

Video A Calgary bus driver rescues a cowering dog from circling coyotes at metronews.ca/canada



Lotteries

Lotto 6/49: 8, 20, 22, 29, 33 & 49. Bonus 48.

Ontario 49: 17, 19, 22, 34, 36 & 39. Bonus 18.

Ontario Pick 3: 6 4 4; **Ontario Pick 4:** 2 2 0 5

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Daily Keno: 2, 5, 11, 12, 15, 16, 20, 23, 25, 35, 36, 39, 40, 42, 48, 64, 65, 68, 69, 70.

These results are not official.



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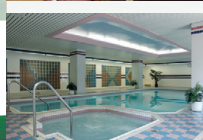
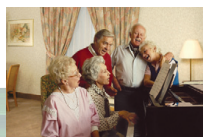
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Adventures in citizenship this weekend

Over 200 youth will join the likes of program alumni Adrienne Clarkson and Ed Broadbent when they take part in the 59th Rotary Adventure in Citizenship program. **METRO OTTAWA**

local 3

Construction season starts

Ottawa pouring \$290M into 100-plus projects

TRACEY TONG
tracey.tong@metronews.ca



It's that time of year again.

The City of Ottawa is preparing for construction season and this year will sink \$290 million into 100 new and additional ongoing projects to make the capital a better place to live, the director of infrastructure services for the City of Ottawa said yesterday.

And while the city is preparing to release the maps showing major works in the city next week, staff are asking for residents' patience, Wayne Newell said.

The city will try to make the construction as non-

disruptive as possible, said Newell.

"The renewal roads are all in existing communities," said Newell. "We have to look after what we own and fix it, but we'll try to mitigate the impacts."

This year's major projects include renewal projects such as King Edward, Bank, Preston and Wellington streets, in which workers will fix existing roads, sewers and water mains; and growth projects, which happen as the city expands, said Newell.

Growth projects include

Limebank Road, Riverside Drive, Strandherd Road, Longfield Drive and March Road. Other projects include transit projects, and three park-and-ride facilities at Earl Armstrong Road, Millennium Park and Leitrim, as well as construction along the west Transitway between Greenbank and Bayshore roads.

Construction season runs from early May to November. While the majority of projects will be finished this season, others were carried over from last year, said Newell.

"We have to look after what we own ... We'll try to mitigate the impacts."

Wayne Newell

News in brief

INFRASTRUCTURE Ottawa's drinking water continues to meet or exceed all federal guidelines and provincial water quality standards, city officials said in a release yesterday. Results from monthly tests conducted between

September and November 2008 detected no pharmaceutical or personal care products in the city's drinking water. "The City of Ottawa is ahead of almost all other Ontario municipalities in sampling and reporting on these

compounds," said Dixon Weir, the city's general manager of environmental services. The report said the few compounds detected at extremely low levels are considered to be far below the level of public health relevance. **METRO OTTAWA**

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Young women whose children have been put into foster care are getting a second chance at parenting thanks to a program in Saskatoon. Pleasant Hill Place provides counselling and a means for moms to reintegrate into their children's lives. **CBC NEWS ONLINE**

Moms get second chance

Canada



Coal stations to be phased out: MP

The Canadian government plans new regulations that will effectively phase out traditional coal-fired power stations, Environment Minister Jim Prentice said in an interview. He said that new coal plants would have to include technology to capture greenhouse gas emissions and inject them underground for permanent storage.

REUTERS



Phil Fontaine, leader of Canada's Assembly of First Nations, attends Pope Benedict XVI's audience at the Vatican yesterday. A delegation met the Pope to discuss abuses inflicted on native children at schools in Canada run by the Catholic church.

Counsellor says statement by Vatican not enough

VICTORIA HANDSIDES
for Metro Canada



ABUSE Statements of regret from the head of the Roman Catholic Church are too little, too late for residential school survivors struggling to rebuild shattered spiritual faith, says an Edmonton counsellor.

"Apology? What apology?" Terry Lusty asked, his voice dripping with disdain.

Eight years of alleged brutal physical and mental abuse at the hands of staff at Winnipeg's St. Joseph's school were not countered by reprisal later in life, Lusty said, despite an attempt at reconciliation by Pope Benedict XVI yesterday.

During an address in St. Peter's Square, the Pope called rampant sexual abuse, involuntary sterilization and inhumane treatment suffered by Aboriginal schoolchildren between the 1880s and 1970s "deplorable conduct." But Lusty feels, he didn't place any accountability on the Catholic Church.

"He should get his head out of the sand and quit living in denial," the 67-year-old insisted. "The Vatican should issue a formal apology in black and white."

Lusty works as a counsel-

Dark history

• An estimated 14,000 children were forced into more than 30 residential schools in Alberta. At least 8,500 Aboriginal women and young girls were sterilized under the Sexual Sterilization Act, axed in 1973.

lor with survivors at the Alberta Native Friendship Centre in Edmonton, and says local Anglican, Presbyterian and United Church groups have already committed to repairing confidence in spiritual leadership.

Reverend Travis Enright's white collar is a fixture for hesitant eyes of the men he counsels, the All Saints Cathedral figurehead said.

"The clothing is a big trigger for them," he said. "They realize, though, that the church may be moving in a different direction and does care about their history."

He said that even though amends and billions in financial reparations have been offered by the federal government, the Pope's message is merely a courtesy, while front-line clergy are struggling to restore faith at the grass-roots level.

"We need to move past apologies to real reconciliation," he said.

Tracking swine flu's impact

Experts weigh in on potential severity and strength of virus

What kind of beast will the swine flu prove to be?

Will it gore its way across the globe in a virulent pandemic, or root around a bit here and there — and then just go away? "All bets are off," says Dr. Michael Gardam, director of infectious disease pre-

Agency for Health Protection and Promotion.

"We're in a really weird period right now where you don't know which way this is going to go."

But interviews with several top communicable illness experts suggest there may be some reasons to

wager on the

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Ottawa Campbell testifies



Former prime minister Kim Campbell testifies at the Oliphant Commission in Ottawa yesterday. Campbell said former prime minister Brian Mulroney never mentioned the Bear Head project to her while she was his defence minister.

New cases

• Confirmed cases of swine flu in Canada rose to 19 on Wednesday, with health officials predicting the number will continue to grow because of the country's travel links with Mexico.

REUTERS

countries like Canada.

Gardam says evidence so far suggests the swine flu may have the potential to match a 1957 Asian flu pandemic, which killed an estimated two million around the world. But it almost certainly won't have the lethal legs of the 1918 Spanish flu, which sent more than 50 million to their graves.

"I think I feel comfortable saying what I'm seeing thus far fits within what we've been planning for," Gardam says.

In Canada — and around the world — the disease almost certainly exists already in far larger numbers than we know. But it's not making people sick enough to see a doctor.

Regardless of the virus's strength, the most promising news is that it is almost certainly susceptible to the antiviral drugs such as Tamiflu, says Dr. Mark Loeb, a McMaster University flu expert.

"We have antivirals and in Canada in particular we have an excellent surveillance program in place," Loeb says. "So we are relatively very well-prepared compared to previous eras."

Kamran Kahn, an infectious disease expert at St. Michael's Hospital, says if you have not recently been to an afflicted Mexican region, or in direct contact with someone who has, you needn't worry yet about getting the disease.

"We're not seeing local transmission here inside of Canada to suggest this might be something that's occurring more broadly," Kahn says. "Could that happen? It's certainly possible, but we don't have any evidence of it at this point."

Kahn also says that if it does have pandemic legs, there is also the real potential a vaccine could be created to fight it.

Past flu pandemics — like the Spanish flu — have swept through populations before going to ground and re-emerging some months later. If that happens to the current version, that window of relative dormancy could provide the four to six months required to bring a mass-produced vaccine online.

TORSTAR NEWS SERVICE

Law firm calls for disclosure of travel

LABOUR In view of the WHO's Phase 5 alert yesterday, the Labour and Employment group at Calgary-based law firm McCarthy Tétrault is encouraging employers to consider introducing a policy requiring disclosure of personal employee travel to swine flu "hotspots."

They advise a return to work guideline that may require employees to absent themselves from the workplace and declare whether or not they would be eligible for sick pay.

Paul Wearing, a Toronto-based employment and labour lawyer, said in certain conditions, departments of health "can direct and insist on staff absent-

ing themselves if they have come down with a communicable disease."

"Entitlement to pay while on leave will depend on the precise language of the collective agreement," Wearing said.

In daycares and hospitals, there may be clauses in collective agreements that permit management to require staff to take sick leave, he added.

"Employers must be sensitive to employee rights to privacy and Human Rights Code considerations as well as employer obligations to maintain a safe work environment as per the Occupational Health and Safety Act of Ontario," he added.

METRO CANADA

Two car bombs kill dozens in Baghdad market

At least 41 people were killed and 68 wounded yesterday when twin car bombs ripped through a busy market of Baghdad's Sadr City slum, mowing down families near a popular ice-cream parlour, police said. A third car bomb planted in a taxicab was detonated by security forces, police said. **REUTERS**



5

World



Berlusconi, wife in spat

Italy's first family soap opera was back on the front pages yesterday after Prime Minister Silvio Berlusconi's wife said his party's selection of women to run in European elections was a "shamelessly trashy" process. Veronica Lario, 52, said she agreed with descriptions of her husband's party's choice of female candidates as "entertainment for the emperor." **REUTERS**

WHO swine flu alert hits Phase 5

The World Health Organization yesterday raised the global flu alert level to 5, the second highest phase that indicates "a pandemic is imminent."

Nearly a week after the H1N1 virus, or swine flu, first emerged in California and Texas and was found to have caused up to 159 deaths in Mexico, Spain reported the first case in Europe in a person who had not been to Mexico, showing the danger of person-to-person transmission.

According to the WHO's guidelines, a Phase 5 alert is called when there is sus-

First U.S. death

- A Mexican toddler in Texas has died of the H1N1 flu strain, the first confirmed death outside Mexico from the virus.

tained human-to-human spread in at least two countries in one region.

The WHO's new alert acts as a signal to governments and businesses to take action, and to pharmaceutical companies to ramp up antiviral drug production and capacity.

The higher alert also sig-

nals the virus is unlikely to fade away, and could pose a prolonged public threat.

Almost all cases outside of Mexico have had only light symptoms, and only a handful of cases have needed hospitalization. But in Mexico, where up to 159 people have died and about 1,300 more are being tested, people struggle with an emergency that has brought normal life to a halt.

Germany, Peru and Austria reported cases of the illness yesterday, bringing the total of affected countries to 10. **REUTERS**



A passenger wears a protective mask upon arrival at Charles de Gaulle airport north of Paris yesterday. France will ask the European Union to suspend all flights going to Mexico due to the swine flu outbreak, officials announced yesterday.

Obama marks first 100 days

POLITICS President Barack Obama told Americans yesterday his administration was working to "clear away the wreckage" of recession as he assessed his first 100 days in office and promised to keep up the whirlwind pace.

"We are off to a good start. But it is just a start," Obama told a White House news conference.

"I am pleased with our progress, but I am not satisfied."

Buoyed by high public approval ratings, Obama focused on the jam-packed policy agenda he has pursued since his Jan. 20 inauguration, topped by efforts to rescue the crippled economy and repair the United States' image in the world.

In just a few short months, Obama — a Democrat elected on a promise of sweeping change — has made a sharp break with his Republican predecessor George W. Bush on issues ranging from war and economics to healthcare and climate change.

Supporters and critics alike filled the airwaves with conflicting assessments of Obama's record so far, but most analysts said it was too early to judge whether his long list of new initiatives would yield success. **REUTERS**

Mexico vows responsible handling of flu, wins praise

Mexico vowed yesterday to act responsibly as it combats the crisis, earning praise from Washington in its efforts to deal with the outbreak.

"The government of Mexico has acted with

full transparency, with a sense of responsibility not only towards our own citizens, the citizens of Mexico, but also the citizens of the entire world," Foreign Minister Patricia Espinosa told the UN Se-

curity Council during a meeting on unrelated matters.

U.S. Ambassador to the United Nations Susan Rice praised the nation's neighbour for its handling of the outbreak.

News in brief

PYONGYANG North Korea yesterday threatened a new nuclear test unless the UN Security Council apologized for tightening sanctions, confirming analysts' fears that Pyongyang is determined to build an atomic arsenal. The U.S. said such threats were counterproductive and urged

Pyongyang to return to stalled denuclearization talks.

PIRATES NATO states asked military planners yesterday to strengthen the rules of engagement for its ships tackling piracy off Somalia after legal restrictions forced some to free pirates they had captured, a spokesman said. **REUTERS**

Men cleared in U.K. plot jailed for terror camp plans

LONDON Two men cleared of helping to plot the London bombings in July 2005 were jailed for seven years yesterday for planning to attend terrorism training camps in Pakistan.

Mohammed Shakil and Waheed Ali were found not guilty on Tuesday of help-

ing the London bombers to scout potential targets in the capital after a retrial at Kingston Crown Court.

But Shakil, 32, and Ali, 25, were convicted of a second charge of conspiracy to attend a place used for terrorist training. They were both given seven

years in prison, the Press Association reported.

Detectives said Ali had gone to Pakistan with Mohammed Sidique Khan, the ringleader of the bombings, in 2001, and that Shakil had undergone firearms training with Khan. **REUTERS**

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Interactive/Mktg Director, Jodi Brown

Comment & Views

Comment

He's just that into golf

Relating

Steve Collins

metronews.ca/collins

As my splendid colleague Andrea Woo wrote last week on the musical vetting potential of mates, "A man who has amassed shelves of classic vinyl records ... has invested time, money and effort into something he is passionate about. A Top 40 fan, not so much."

Point taken, but it strikes me those high fidelity hectares of vinyl could also serve as a warning. Sure, they're evidence of artistic devotion, of solitary hours sacrificed to esoteric discipline, but what if this attachment is not ultimately

transferrable from vintage rockability to you?

This extends past music and into any of the obsessions (more kindly termed hobbies) guys have a propensity to develop, and whether it's hockey fan-boyhood, political blogging or model trains, the degree of commitment they exert for their attention can be considerable. (Gender generalizations are, as always, just that. A buddy of mine is a World of Warcraft widower, genially accustomed to his gamer wife's extended virtual absences in the land of Azeroth).

Only the chronically single can truly afford the detritus that accumulates in the pursuit of the complete works of B-movie auteur Lloyd Kaufman or Star Wars action figures in the

original packaging.

Once shack-up has occurred, or even once someone is sleeping over on a regular basis, this clutter, no matter how lovingly curated, will be subject to quiet or not-so-quiet assessments every spring cleaning season. The space a man's hobby occupies also testifies to the money, time and thought it soaks up, and suggests the degree to which it might be a rival for his affections.

One common solution is to set off a space where the treasured junk can be hoarded and worshipped in peace. This, of course, ultimately threatens to turn you into one of those he-golfs-she-gardens couples, meeting briefly at meal-times and then again at bedtime — to sleep.

While it's always better if he can share his interests, it's also probably good policy to respect her indifference to the manifest brilliance of his fantasy baseball picks.

I still love loud, dumb music, D&D, and most everything else I surrounded myself with when I was 14 and there were no girls around (and when I gave no thought to which was cause and which was effect).

My beloved properly takes no interest in these, and indulges and mocks my weird fixations in a combination I find frankly irresistible. Whatever my incurably uncool pursuits say about me, her endurance of them attests to her patience, sense of humour and general grooviness.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

On the web

For more views on relating, go to Love Bytes at metronews.ca/blogs

Views

This ain't Flint — doom, gloom be damned



Scott Broderick

"What's with all the doom and gloom?"

This is the No. 1 question being asked by local business owners lately in reference to the media's role in this self-fulfilling prophecy called "the recession."

The epicentre of this crisis is clearly in the U.S. financial markets and automotive industry. There will certainly be shock waves felt throughout the world and clearly Canada will not escape unscathed (just ask Oshawa, Oakville and Windsor).

To put it all in perspective, however, the Bank of Canada is predicting that, in 2009, our economy will dip approximately three per cent below the peak of the wealthiest and most

prosperous period in the history of mankind.

Eight times (more than any other nation ever!), the UN has identified Canada as having the highest standard of living of any country in the world.

- As our capital city, Ottawa enjoys a special place high above the most recent economic fray — second only to Victoria as "the best place to live." (Moneysense magazine.)

- The unemployment rate in Ottawa is one of the lowest in the country (5.2 per cent versus eight per cent nationally.)

- Interest rates are at an all-time low.

- Gasoline prices and new vehicle incentives are more attractive than ever.

- The Ottawa housing

market is stable and continues to grow (up 7.2 per cent in March alone!).

"So, what's with all the doom and gloom?"

About two months ago, listening to one of our own radio stations, I came to the realization that we are part of the problem. I arrived at work that day and went on a wild rant, but left

committed to making a difference. The "This Ain't Flint" campaign is the result of that rant meeting the inspiration of our advertising agency, Alphabet Creative.

We knowingly chose controversial images and content that contrasts our current situation in Ottawa to that of Flint, Mich., 20 years ago. Perhaps this campaign could just as eas-

ily have run in any one of Canada's major cities. Author Roy H. Williams says, "The risk of insult is the price of clarity." That contrast and clarity is offered here in Ottawa only to inspire meaningful conversation.

We don't expect to get agreement — just dialogue.

We are not looking for consensus — just discourse.

Most people, however, will reach the utterly inescapable conclusion that, even now, they live in one of the finest cities in the finest country during one of the most prosperous periods in economic history. Doom and gloom be damned!

Get out and enjoy it!

Scott Broderick is the director of Ontario operations for Newcap Radio and general manager for Newcap's HOT 89.9 and LIVE 88.5 in Ottawa.



Letters

More education needed for how-to's of the Internet

Re: Moralists eye Craigslist (April 29)

I absolutely love this article. Paul Sullivan sums up perfectly just how uneducated people are about the World Wide Web. Everyone can blame Craigslist, or MySpace, or Facebook for their problems, but when it comes down to the truth, the person that is posting the wrong things on those sites is the one in error. How naive can you be to think that posting an erotic ad, a half-naked profile picture, a phone number or address isn't going to draw unwanted attention?

Has society missed the banner that all the bad guys have hung up, saying, "Hey look, I'm over here, getting pictures of your kid off the Internet, stalking you, learning all the intricate details of your life?" Apparently so, because almost every day you hear about another person being taken away from their families and friends, lost forever or murdered because some twisted person found them on the Internet.

There needs to be more education on the how-to's and the what-not-to-do's of the Internet. Obviously, people continually getting hurt is not enough of a message.

BRENDA MACDONALD, CALGARY

Online chatter

Twitters are quick quitters: Study

Today's Twitters are often tomorrow's quitters, according to data that questions the long-term success of the latest social networking sensation.

Data from Nielsen Online found that more than 60 per cent of Twitter users stopped using the free social networking site a

month after joining.

"Twitter's audience retention rate, or the percentage of a given month's users who come back the following month, is currently about 40 per cent," David Martin, Nielsen Online's vice-president of primary research, said in a statement.

REUTERS

It's your turn to tell others what you think. Email your thoughts and opinions to: ottawaleaders@metronews.ca




Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

U.S. airlines shrug off swine flu risks

U.S. airline shares rallied yesterday as markets decided that the swine flu outbreak might not significantly crimp travel demand. U.S. airlines said they have seen little impact from the flu, and no major carrier has reported cancelling flights because of it. **REUTERS**



Business

DOLLAR	OIL	TSX
 1.20¢	 \$50.97 US \$1.05	 9,416.31 68.28
C\$ 83.13¢ US US\$ \$1.2030		

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Maple Leaf says scandal fallout lingers despite profit

FOOD Maple Leaf Foods reported a quarterly profit yesterday but the effects of last summer's costly recall of tainted meat lingered on.

Even though revenue and profit rose in its latest quarter, the company said its profit margins continued to be hurt by the meat scandal, which resulted in 22 deaths.

Maple Leaf said it earned \$2.9 million, or two cents a share, for the first quarter ended March 31, compared with a loss of \$10,000, or nil per share, for the same period a year earlier.

The company said it planned to implement measures to improve margins, including cutting internal costs and reducing promotions. **REUTERS**

Wireless could be hurt by flu: Rogers

TELECOM Rogers Communications Inc. said yesterday that the spread of swine flu could dent revenue at its wireless unit if travel restrictions prevent its mobile phone subscribers from ringing up costly roaming charges. **REUTERS**

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Home prices decline

Report finds 4.1% national drop across 6 cities

Canadian home prices accelerated their fall in February, down 4.1 per cent from a year ago, according to a report issued yesterday.

The Teranet-National Bank National Composite House Price Index, which measures the rate of change of prices for single-family homes in six metropolitan areas, also showed prices were down 7.4 per cent nationally from the peak hit in August last year. Home prices fell 2.4 per cent in January from a year earlier.

"The disinflation that began in February 2008 is now a year old. The retreat means that, on the whole, Canadian housing has become a buyer's market af-

"The retreat means that, on the whole, Canadian housing has become a buyer's market after five years of seller's-market conditions."

Marc Pinsonneault, economist

ter five years of seller's-market conditions from 2002 to 2007," said Marc Pinsonneault, senior economist at National Bank Financial.

"Will home price deflation worsen in Canada to the extent it did in the

U.S.? We do not believe so."

Home prices in Calgary suffered the biggest year-over-year drop, falling 8.1 per cent in February from the same month a year ago. That was followed by a 6.4 per cent slide in Vancouver and a five per cent decline in Toronto.

Halifax joined the list of markets with falling home prices with a 0.5 per cent dip.

Meanwhile, home prices rose 3.2 per cent in Montreal from a year earlier, and were up 2.8 per cent in Ottawa.

Market watchers say current price declines are part of an ongoing retreat since the market hit its peak in 2007. **REUTERS**

Sweden CEO attacked



Police apprehend a woman after she attacked the chief executive officer of Swedish energy company Vattenfall, pouring a green colour over him at the firm's annual meeting in Stockholm yesterday. In the background are environmental demonstrators carrying a banner about Vattenfall's coal power plants. **REUTERS**

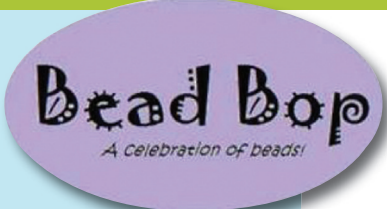
Business in brief

LAWUIT McDonald's lost a lawsuit in Malaysia yesterday after an appeals court overruled a decision that its

trademark had been infringed by a local restaurant called McCurry. **REUTERS**

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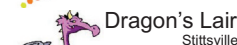
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VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. **VOLUNTEERS MUST BE EMPLOYED AND NOT RECEIVED VENLAFAXINE OR EFFEXOR (XR) IN THE PAST YEAR.** Treatment duration is approximately 12 weeks and includes a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no significant drug or alcohol problems and be in generally good physical health.



Ottawa Psychopharmacology Clinic
Smyth Medical Centre

If you have answered YES to five or more of these statements and have felt poorly for the past month, you may be suffering from depression. To be evaluated for this program please call, any time (24 hours), leave your name and phone number on our confidential voice mail:

(613) 737-5454 ext. 225

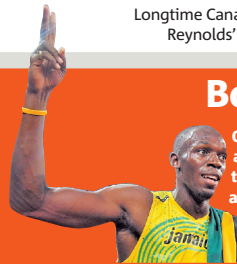
All information is kept in strictest confidence. Research programs are reviewed by an ethics review board.

	YES	NO
I am feeling sad and depressed.	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficult sleeping.	<input type="checkbox"/>	<input type="checkbox"/>
I am feeling low in energy and slowed down.	<input type="checkbox"/>	<input type="checkbox"/>
My appetite has changed.	<input type="checkbox"/>	<input type="checkbox"/>
I am experiencing feelings of guilt.	<input type="checkbox"/>	<input type="checkbox"/>
I have lost interest in work and pleasurable activities.	<input type="checkbox"/>	<input type="checkbox"/>
I feel hopeless about the future.	<input type="checkbox"/>	<input type="checkbox"/>
I feel tense and anxious.	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty making decisions.	<input type="checkbox"/>	<input type="checkbox"/>
I am having trouble concentrating.	<input type="checkbox"/>	<input type="checkbox"/>

Longtime Canadian sports broadcaster and CBC veteran Ted Reynolds died early Tuesday. He was 83. Reynolds' work included radio and television, play-by-play for 23 sports and 10 Olympic Games.

Sports

EDITOR: JOHN.CHICK@METRONews.CA



Bolt OK after car crash

Olympic champion sprinter Usain Bolt was not seriously injured after a car accident yesterday. Bolt and a female passenger were taken to a hospital in Spanish Town, Jamaica, but both were fine, according to police. Bolt was apparently driving on a rain-slicked highway when he lost control of the BMW M3 and it went off the road.

METRO NEWS SERVICES

NBA Hawks survive Heat



Dwyane Wade lays on the court after colliding with Josh Smith of the Atlanta Hawks during Game 5 of their playoff series last night. Atlanta won 106-91 to take a 3-2 series lead. For a recap of the Hornets/Nuggets game, visit metronews.ca/sports.

Hart back in charge again

MATTHEW WUEST
matthew.wuest@metronews.ca

When Stephen Hart moved to Canada in 1980, he loved soccer. But if someone had told him he would one day be one of Canada's most influential figures in the sport, the native of Trinidad and Tobago might have laughed heartily.

"I actually came to Canada to do a degree along the lines of something marine," says Hart, who is now interim head coach of Canada's men's team, as well as the technical director of the Canadian Soccer Association. "My intentions were

completely different. But fate had it differently."

Hart played soccer for five years at Saint Mary's University, but got involved in coaching as a volunteer and studied international coaching techniques in his spare time.

He worked his way up the ranks gradually, starting as Soccer Nova Scotia's technical director in 1993; taking over as head coach at Saint Mary's in the late 1990s; and eventually signing on as a youth coach with the CSA in 2002.

At times, he finds it hard to believe how life panned out.

"I am honoured and sometimes very flattered



Stephen Hart has begun his second stint as head coach of Canada's men's national soccer team.

that I'm in the position I'm in," the 49-year-old admits.

This is Hart's second tour of duty as interim head coach of the national team. He also had the job in 2007, when he led Canada to a

semifinal finish at the CONCACAF Gold Cup. At the time, he was hoping to get the full-time gig, but the CSA went with Dale Mitchell, who was fired in March.

Hart was installed two weeks ago and will lead Canada into the Gold Cup starting July 3 in Los Angeles. His focus is on getting the program back on its feet after watching it fall short in World Cup qualification in November.

"You want to get into the knockout stages (at the Gold Cup) because anything can happen there," Hart says. "Hopefully, the team comes together and we can do well."

Manchester United takes first leg from Arsenal

SOCCER John O'Shea's early goal put Manchester United in control of their Premier League semi-final against Arsenal with a 1-0 first-leg win at Old Trafford yesterday. The holders scored in the 17th minute when Irish defender O'Shea rifled in a half-volley from eight yards after Michael Carrick had turned Anderson's deep corner back across goal.

United dominated the match and can feel they

should be travelling to next week's second leg at the home of their Premier League rivals with a greater advantage.

"From our first-half display we maybe should have had a couple more goals, but we have a lead and kept a clean sheet and we know we are capable of scoring a goal at the Emirates," O'Shea said in a televised interview.

"But it's definitely not over."

REUTERS



About Diaby of Arsenal battles with Darren Fletcher.

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Alexander Ovechkin and Evgeni Malkin appear to like each other again. The same can't be said for other Caps and Pens.

One-rink circus for Pens-Caps

NHL Alex Ovechkin doesn't like Sidney Crosby. Neither does Alexander Semin. Ovechkin disliked Evgeni Malkin, too, but now appears to like him again.

Yet there's much to like in this Pittsburgh-Washington matchup, beginning Saturday when the Eastern Conference semifinal series begins in Washington.

With the NHL's last two MVPs and last three scoring champions in the same series, plus a noticeable edginess whenever the

teams meet, there should be plenty of subplots and sound bites.

METRO NEWS SERVICES

Russian trifecta

• A trio of Russians — Alex Ovechkin of the Capitals, Evgeni Malkin of the Penguins and Pavel Datsyuk of the Red Wings — were named as finalists for the Hart Trophy as the NHL's most valuable player yesterday.

METRO NEWS SERVICES

Howard suspended one

NBA
2009 Playoffs

NBA Orlando Magic centre Dwight Howard was assessed a one-game suspension by the NBA yesterday for his actions in the team's 91-78 win Tuesday over the Philadelphia 76ers in Game 5 of their Eastern Conference quarterfinal series.

The Orlando superstar will miss Game 6 of the series tonight at the Wachovia Center in Philly.

Howard was given a technical foul with 9:15 remaining in the first quarter

when he elbowed 76ers centre Samuel Dalembert of Montreal in the head.

The two got tangled up going for a rebound in the first quarter. Replays showed Howard threw an elbow that hit the Canadian above the shoulders. Howard drew a technical foul for the hit.

The Magic lead the best-of-seven series 3-2. Game 7, if necessary, will be played on Saturday at Amway Arena in Orlando.

METRO NEWS SERVICES



Homesense Spring and Summer line

New lines of home decor items and motifs have arrived at Homesense stores across the country. Seen here are some pillows from the new "Sleeping Patterns" line. **METRO NEWS SERVICES**



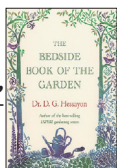
Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Clippings

Getting into bed with the books

BESIDE GARDENER The Bed-side Book Of The Garden, by Dr. D.G. Hessayon, Expert Books, \$21.95; Essentially a repackaging of 1983's The Armchair Book of the Garden, publishing phenomenon David Hessayon (author of the 21 bestselling Expert series of gardening books) has updated the current edition, which is full of interesting tidbits, trivia and some downright useful information.



Wonderful world of intricate leaves

LEAFING THROUGH Extraordinary Leaves, by Dennis Schrader, Firefly books, \$45 Dennis Schrader's informative text plays second fiddle to Stephen Green-Armytage's ravishing photographs of leaves — some of the most beautiful I've ever seen. From cannas and lotus, with chapters on colour, pattern, shape and texture, the diversity of plant material is sensational. —STEPHEN WESTCOTT-GRATTON



Water saver

You'll sing, 'rain, rain *don't* go away' with this stylish barrel

Get ready to replace those bulky rain barrels with a water-conserving tank like no other. CISTA is a sleek, modern rain barrel set to hit stores in spring 2010.

The vertical barrel fits onto your home's eaves and can hold up to 100 gallons of water. By storing the water upright, enough pressure is created to allow for a

soaker hose to be connected. As an added feature, an LED light clearly indicates the water level in the tank, so you know when it's full.

What makes this rain barrel different?

The sleek design fits in narrow spaces — perfect for city dwellers. The cover on the tank can also be camouflaged with natural plantings. A vine, such as ivy or morning glory, will wind its way up the barrel to create a visually pleasing yet completely functional appliance.

For further details and to get all the latest news on CISTA, visit mossund.com —PRODUCED BY KARINA LEIMANIS



Get ethical

Fairly traded bouquets

MOTHER'S DAY This Mother's Day, don't just pick up any old bouquet of roses. Instead choose a fairly traded, responsibly grown option. Ask your florist about the VeriFlora or Sierra Eco label, and be sure to give eco-blooms to Mom.

Visit Sierra Eco for a list of florists across Ontario, Quebec, New Brunswick and Nova Scotia sierraeco.com/florists.asp, veriflora.com

—PRODUCED BY KARINA LEIMANIS

Eclectic note-taking

GOING GREEN Jot down all your garden wonders and woes in these handmade, one-of-a-kind journals that include original pages from old books and vintage magazines. A great way to repurpose what

might otherwise get tossed in the blue bin. Flora & Fauna or Peas & Carrots Eclectonote, \$28 each; Uppercase.

—PRODUCED BY KARINA LEIMANIS

—PHOTOGRAPHY ROGER YIP



Outside Decor

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In 1919 the 36th Texas legislature made the pecan the state tree. In southeast Texas, the Texas Pecan Festival is celebrated every year. "Pecan" is from an Algonquian word, meaning a nut requiring a stone to crack. **METRO NEWS SERVICES**

Food

Although popularly referred to as a nut, the almond is not a true nut, but the seed of a drupe (a botanical name for a category of fruit).

METRO NEWS SERVICES



Foreigner

The word walnut derives from Old English "wealhhnutu," literally "foreign nut." The walnut was so called because it was introduced from Gaul and Italy.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA

Just a handful of sweet heat

À la carte

Barb Holland



metronews.ca/alacarte

Nuts and seeds not only add flavour and texture to just about any dish, they are nutrient dense and provide an array of beneficial nutrients such as protein, vitamin E, folate, calcium, magnesium, copper, zinc, iron and fibre.

Walnuts are a great source of the omega-3 fatty acid and are rich in antioxidants. Almonds are high in calcium, magnesium, potassium and vitamin E.



Sweet with a hint of spice, these nuts can be addictive.

Peanuts are higher in protein and niacin than most other nuts and rich in folate. Pecans have a very high antioxidant content. As well, nuts and seeds contain protein, especially when combined with

legumes such as peas, beans and lentils.

And yes, nuts contain fat, and while it is mostly healthy-for-your-heart fat, the calories do add up.

One serving is 1 oz. (30 g) which is a small handful,

about ¼ cup (60 ml) and that's about 175 calories and 16 g of fat. So practise portion control and top your cereal, yogurt, salad or pasta with a sprinkle of nuts or seeds for a healthy crunch.

Sweet & Spicy Nuts

Sweet with a bit of heat, they can be addictive. The amount of cayenne is up to you. Makes 2 cups (500 ml).

INGREDIENTS:

- 1 egg white, lightly beaten
- 2 cups (500 ml) walnut or pecan halves
- 1/4 cup (60 ml) brown sugar
- 1 tsp (5 ml) ground cumin
- 1/2 to 1 tsp (2 - 5 ml) cayenne
- 1/2 tsp (2 ml) salt

METHOD:

In a bowl, lightly beat egg white. Add nuts and stir until nuts are evenly moistened. Combine brown

sugar, cumin, cayenne and salt; sprinkle over walnuts and toss well to coat evenly.

Spread nuts on parchment paper lined rimmed baking sheet. Bake in preheated 325 F (160 C) oven 25 to 30 minutes, stirring every 10 minutes to separate nuts, until coating is crisp and nuts are fragrant. Cool before serving.

Tips:

- Buy nuts and seeds where there is a high turnover for freshness.
- Store in an air-tight container in the refrigerator for up to 6 months or freeze for up to 1 year.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

In AFRICA *this is*
a SCHOOL BUS



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†NO PURCHASE NECESSARY. Offer valid from April 13 to July 30, 2009 or while supplies last. For every 100 UPC's entered, Cadbury will donate one (1) bicycle for delivery to Africa up to a maximum of 5,000. For further details and to participate, visit www.thebicyclefactory.ca. Must be thirteen (13) years of age or older and a resident of Canada.

†NO PURCHASE NECESSARY. Contest starts April 13, 2009 and ends July 30, 2009. For contest rules, details and to register/enter, visit www.thebicyclefactory.ca. Contest open to residents of Canada who have reached age of majority. One (1) Grand Prize of a 10 day/9 night trip for 2 to Ghana, Africa. Restrictions Apply. Approximate retail value is \$9,200.00. Odds of winning depend on the number of eligible entries received. Skill-testing question must be correctly answered to be declared a winner. Always follow all safety rules when bicycling.

Sustainable sushi

Canada's first sustainable sushi guide helps consumers protect threatened marine species while satisfying their cravings for delicious sushi. The wallet-sized card is available online at seachoice.org/page/guides, where sushi lovers can print or order copies for free. **METRO NEWS SERVICES**

**Liquid Assets**

Peter Rockwell



metronews.ca/liquidassets

Movie mates

My suggestion to match wine and a DVD rental a couple of weeks ago had many of you asking what goes best with movie munchies.

I'm a potato chip fan from way back so a bowl full of salt-laden, deep fried spud shavings is my favourite snackable when I pop in a disc. Excessive saltiness in anything can be a wine killer but the bubbly goodness of a sparkling wine cleanses the palate and works wonders with even the simplest of dishes.

The **Jacob's Creek Chardonnay Pinot Noir (\$13.65 - \$16.99)** from Down Under is an ideal when-in-doubt wine that goes with just about anything (including a plate of na-

chos or a big bag of Cheezies) with its champagne styling and smooth berry fruit undertones.

Of course popcorn is the classic movie mate and its wine partner is dictated by whether you pour on the butter or prefer your Orville Redenbacher naked. Any dry white will do if you pass on the topping but butter fans should reach for a glass of something that mimics the creaminess on the kernels like **Mission Hill's Reserve Chardonnay (\$18.99 - \$21.99)** from British Columbia. Now if only finding a decent flick to watch was as easy.

Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

Island dreamin'

Turn that rainy frown upside down

A taste of sunny Jamaica is the perfect harbinger of summer ahead as we struggle through the growing pains of spring. Fragrant pineapple rings and white cake scented with lime upgrade this comfort-food favourite.

Adapted from Lucinda's Authentic Jamaican Kitchen by Lucinda Scala Quinn. You can cut rings from a fresh pineapple, but they are bigger and messier than the canned slices.

Jamaican pineapple upside-down cake

Makes 8 to 10 servings.

INGREDIENTS:

- 1/4 cup (60 ml) unsalted butter
- 1/2 cup (125 ml) packed dark brown sugar
- 14 oz (400 ml) can pineapple slices
- 1/2 cup (125 ml) pecan halves
- 1-1/3 cups (315 ml) all-purpose flour
- 3/4 cup (180 ml) granulat-



Fragrant pineapple rings and white cake scented with lime upgrade this comfort-food favourite.

- ed sugar
- 2 tsp (10 ml) baking powder
- 1/2 tsp (2 ml) salt
- 3/4 cup (180 ml) whole milk
- 1/4 cup (60 ml) vegetable oil
- 1 large egg
- Finely grated zest of 1 lime
- 1 tbsp (15 ml) lime juice
- 1 tsp (5 ml) vanilla extract

METHOD:

Melt butter in 10-inch, cast-iron skillet on medi-

um heat. Remove from burner. Sprinkle in brown sugar evenly. Arrange pineapple slices in pan. (Probably 7 of the 8 rings in the can.) Arrange pecans over top, especially in spaces around pineapple rings.

In large bowl, whisk together flour, granulated sugar, baking powder and salt. Add milk and oil. Beat with electric mixer on medium speed 1 minute. Scrape bowl. Add egg, zest, juice and vanilla. Beat just until well combined.

Local Savour

Oh So Good Desserts and Coffee House

25 York St.
613-241-8028

Slice of cake, \$7.75. Slice of pie, \$7.25.

A piece of cake can be lunch, right? Anyone seriously gearing up for beach season might want to steer clear of the Oh So Good Desserts and Coffee House in the heart of the ByWard Market.

You won't find salads on the menu here. It's just sweet cakes and creamy pies, and lots of them. Prices can be a little expensive for the size of the slice, but that may not be a bad thing, since the multitude of options in the display case makes it hard to choose just one. After dinner, take in the works of 13 local artists and photographers on display in the restaurant until the end of May.

Pour batter evenly over pineapple in pan. Bake in preheated 350 F oven until tester inserted into centre of cake comes out clean and top of cake is golden, 25 to 30 minutes. Let sit 5 minutes. Carefully invert onto circular platter. Eat warm or at room temperature.

TORSTAR NEWS SERVICE

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Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

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AFRICAN GLAM

Parisian flair goes tribal



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Hoss Intropia
(\$435, 1-877-
281-2399)



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and wood sandals
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(\$35, 514-389-7166)



Wood bangles, Cleopatra
Accessories (\$25 each,
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and linen
shoulder bag,
High Fashion
Handbags (\$250,
highfashionhandbag@bellent.ca)



Halle by
Halle Berry
Eau de Par-
fum Spray
(\$49 for
50mL)

Star Scent

Halle Berry joins
the cast of celebrity
noses

By KRISTEN VINAKMENS
Contributing Writer

At nine years old, Halle Berry fancied herself a perfumer. She used to sneak into the bathroom and mix her mother's two favourite fragrances, Youth-Dew and Co-co Chanel, to create her very own perfume. Blending her own fragrances is something the Oscar-winning actress has continued to do. "I've always wanted to wear something that nobody else is wearing," explains Berry. So, it makes sense that the actress would launch a perfume of her own: Halle by Halle Berry.

At the New York press launch, the actress and new mom describes how she took two years off to develop the fragrance. "Ten years ago, I

was so focused on my career," says Berry. "Then I decided that I wanted to have a family. Fragrance was something I've always wanted to do, and I knew that if I put my name on something, I had to put time into it. This is like my second baby."

During her time off, Berry was busy developing the perfume and having her first baby, daughter Nahla, with Canadian boyfriend Gabriel Aubry, whom she met while shooting a Versace campaign. "Being pregnant helped me because I got a sense of what I liked and what I didn't like," she says. "I've never felt more sensual and connected to the Earth."

For his part, Aubry served as an unofficial guinea pig. "During the testing phase, I would ask Gabriel for his opinion," she says. "He really had to like it because I wear this now. It had to be something that he found sexy—and he loves it."

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BEST IN SHOE

Before becoming a footwear designer, Beth Levine, with her dainty size 4B feet, worked as a shoe model. Her dream, however, was to make fashionable shoes that fit well. With her husband, marketing whiz Herbert Levine, she made boots, mules and stiletto heels that were must-have fashion accessories. In Beth Levine Shoes, Helene Verin has amassed photographs of Levine's designs and written the first biography of the woman who designed the shoes Nancy Sinatra wore when she sang These Boots Are Made for Walkin'. SANDRA MARTIN

Beth
Levine
Shoes
by
Helene
Verin



To read these stories and more, visit: ellecanada.com

Lil Wayne launches suit

Lil Wayne has filed a lawsuit against a producer who he claims used a sample for a song without permission. According to the suit, Wayne's lawyers claim Rock Productions produced the rapper's song I Feel Like Dying and was responsible for obtaining any necessary licensing agreements. **METRO NEWS SERVICES**

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Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

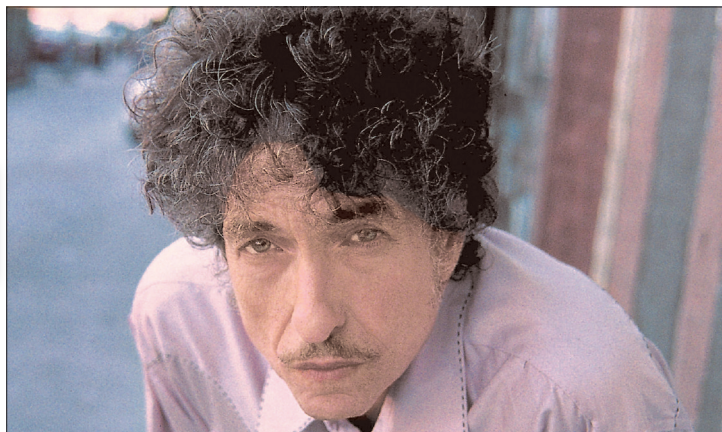
Twin girls

It'll be a girl — and a girl! — for Sarah Jessica Parker and Matthew Broderick. The couple are expecting twin daughters later this summer "with the generous help of a surrogate." **PEOPLE.COM**

Life's all good for Bob Dylan

Bob Dylan**Album:** Together Through Life**Label:** Columbia/Sony**Rating:** ●●●●●**THESE ARE DIFFICULT**

times in which we live, especially for those of us peeking around the far corner of life. We're watching the landscapes in which we grew up turn to rust and finding the dark side of the people with whom we've entrusted our dreams. Whether by plan or coincidence, the poet grapples here with a greying world that seems barren of meaning or answers. The song titles of the opening tracks — Beyond Here Lies Nothin', Life Is Hard, (Hell Is) My Wife's Hometown — relate a foreboding but familiar story. With the help of Grateful Dead lyricist Robert Hunter, Dylan presents us with a script for the late stages of life, blemished and filled with bitterness. He offers it up in the only way his ragged, grating voice can still sound vital — as a blues singer (with credit to Willie Dixon), howling at forces we've never been able to control. And the blues come easy to his always-expert band, buoyed by the accordion of Los Lobo David Hidalgo and accented by the caustic guitar of Mike Campbell. But



Together Through Life, the latest album from Bob Dylan, is now available in stores and online.

there's always hope, even with Dylan, even in these troubled times. As the closing track of the album states, It's All Good.

Graham Rockingham/for Metro Canada

Patrick Watson**Album:** Wooden Arms**Label:** Secret City Recordings**Rating:** ●●●●●

THIS IS ONE of those arty records that many people "in the know" will pay homage to, but few will actually listen to more than once. It's the sort of thing you pull out late at night when you're stuck at home and the rain is hammering against the window. Wat-



son is a fine pianist and he's got some extraordinary musicians backing him up, especially drummer Robbie Kuster and guitarist Simon Angell. There are patches of brilliance throughout this ambitious piece of chamber pop. But Watson, who won the Polaris Music Prize in 2007, deals more with atmospheric than melody. Flutering violins, dancing harps and cartoon sound effects are all nice, but only the country-flavoured Big Bird In A Small Cage really breaks through. And that's due to an infectious banjo from Angell and some welcome vocal assistance from Katie Moore. This could do with a little more melody and a lot less ambience.

Graham Rockingham/for Metro Canada

The Ghost is Dancing**Album:** Battles On**Label:** Sonic Unyon**Rating:** ●●●●●

TORONTO'S MUSIC SCENE is filled with bands you've never heard of, unless you've spent some time around the city's clubs. The Ghost is Dancing is one of those acts — they've got a following in the T-Dot, but they're still making a name for themselves everywhere else. The group's sophomore record takes a big step in the right direction, and will likely earn plenty of followers. Battles On is loaded with sweeping cho-



ruses, loud, layered riffs and a well-honed indie rock sensibility. While they're not that different from other campus charting acts, they churn out enough singalong melodies to set them apart.

Bryan Borzykowski/for Metro Canada

Art Brut**Album:** Art Brut vs. Satan**Label:** Downtown**Rating:** ●●●●●

IT'S EVERY day that a British rock band makes people laugh, but Art Brut's new creation might be the most hilarious album of the year. Lead singer Eddie Argos

**MusicReviews**

music@metronews.ca

takes aim at everything from U2 and weird bruises, but he saves his best lines for the record buying masses — "How can you sleep at night when nobody likes the music we like? Record buying public, we hate them!" There are plenty of other gems, especially on DC Comics and Chocolate Milkshake. Musically, it's not the most moving stuff — talk-ish melodies over unmemorable instrumentation — but this disc is too humorous to miss.

Bryan Borzykowski/for Metro Canada

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Mr. Big is back. Chris Noth, who has played Carrie Bradshaw's love interest in the past, has joined the cast of *Sex and the City 2*, the sequel to last year's surprise smash. EMPIREONLINE.COM



From left, Michael Douglas and Charlie Sheen in *Wall Street*.

Wall Street II: Greed's not so good anymore?

FILM Actor Michael Douglas has signed on to reprise his role as ruthless corporate raider Gordon Gekko in a sequel to his 1987 movie *Wall Street*, Twentieth Century Fox has said.

Oliver Stone, who made the first movie, also has agreed to direct the sequel, which has working title of *Wall Street II* but no scheduled release date, Fox said.

Just as *Wall Street* epitomized the high-flying 1980s with Gekko's motto "greed is good," the sequel is expected to mirror the latest news from the credit crisis and the recession. In the 1987 *Wall Street*, Gekko is a powerful investor who

schools a young protege in making money by shady means. Production on the sequel is expected to begin this summer, and the screenplay comes from Allan Loeb, who helped pen the 2008 gambling movie *21* starring Kevin Spacey.

Douglas in recent years has starred in the 2006 romantic comedy *You, Me and Dupree* and the 2000 drama *Traffic*, but his part as Gekko remains among his most memorable roles. Stone's last film, the 2008 biopic *W.* about former U.S. president George W. Bush, made only \$29 million US at worldwide box offices.

REUTERS

Steady as she goes

Silversun Pickups are happy to stay off the trend roller-coaster

BRIAN COULTON
for Metro Canada



Some things never change. At least that appears to be the running theme surrounding Los Angeles alternative shoegazers, Silversun Pickups.

The band's been active for almost 10 years. And in that time, it's gone from the cusp of hip to ... the cusp of hip. "We were always the band opening up for the new hip thing," says Brian Aubert, the band's fronting vocalist and guitarist. "We would play and they would play and six months later, that scene was dead. That band would change their haircuts and reinvent themselves, and we would still open for them."

But despite the band's

seemingly static state, Aubert says he's quite comfortable with the perpetuation. "You don't want to live and die by a scene."

Silversun Pickups may be through with the scene, but the scene's not through with them. The foursome just wrapped two sets at the touted South by Southwest music festival in Austin, Texas, four dates in London, and a spot at Coachella in California — all after taking an eight-month performance hiatus.

And while Aubert admits the band didn't fare too well when they first returned to the stage, he says it quickly got back on the bike. "We did a show in Kansas City before South by Southwest. I think, two days before that, it started to feel



The Silversun Pickups have a new album called *Swoon*.

good ... which is cutting it close," he says with a laugh. "We're a live band. We could sit in that rehearsal space all day long, and it just doesn't feel the same. You've just got to kind of play to get good at it."

While performance context and performing itself remain relatively the same for Silversun Pickups, such is not the case for the band's music. It's built a history of dreamy shoegaze pop, with ample sonic sounds and pieces of dramatic instrumental climax.

But on its new album *Swoon*, Silversun Pickups are picking up those pieces and running with them.

"We wanted to push things further in both directions — more chaotic (and) more crazy but a lot more moodier, quieter and prettier," says Aubert.

"I found I was trying to extract more emotion and more heightened sonics out of the older material, which I think could probably be a bad thing. That's how we started making *Swoon* — knowing where we wanted to go that we weren't going before."

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The Hills returning in fall

MTV will air the second half of the fifth season of *The Hills* this fall. Leading lady Lauren Conrad, right, however, will not appear in the new episodes. **TVGUIDE.COM**



Michelle on People list

U.S. first lady among mag's 100 most beautiful

Breast cancer survivor Christina Applegate made the cover of People magazine's 100 most beautiful people issue yesterday in a list that welcomed newcomers U.S. first lady Michelle Obama and Twilight-throb Robert Pattinson.

Pattinson's vampire-loving co-star Kristen Stewart, teen music idols Nick and Joe Jonas and Slumdog Millionaire star Dev Patel also made the coveted list for the first time, in the celebrity magazine's annual issue that hits newsstands tomorrow.

Applegate, 37, the star of the U.S. TV show *Samantha Who?*, won admiration for going public last year about her breast diagnosis and later underwent a double mastectomy.

The actress, who has since undergone reconstructive breast surgery, told *People* in an interview it was hard to look at herself naked.

"You don't look the same anymore and you never

will. A part of you is gone. ... It's a decision that you made to save your life," she said. It was Applegate's third appearance on the *People* list.

Michelle Obama, who has achieved celebrity status and has wowed the world as a fashion icon, made

the list for the first time.

"I had a father and a brother who thought I was beautiful, and they made me feel that way every single day," Obama told the magazine.

"I grew up with very strong male role models who

thought I was smart and fast and funny, so I

heard that a lot. I know that there are many young girls who don't hear it. But I was fortunate," she added.

Also included in a Barack's Beauties section were White House chief of staff Rahm Emanuel, Treasury Secretary Timothy Geithner and others.

Pattinson, 22, who has a huge teen girl following after appearing in the *Twilight* movie blockbuster, said he didn't quite understand his heartthrob status.

"I don't get it. It's funny, you look the same for years and no one ever mentions it. Then suddenly it's a big deal," he told *People*.

The 100 list also included old favourites George Clooney, Angelina Jolie, Brad Pitt and Halle Berry.

REUTERS



Michelle Obama, left, made *People*'s 100 most beautiful people list. Actress Christina Applegate graces the cover of the mag's special issue.

Profanity ruling slammed

TV Barbara Streisand made headlines when she said it three years ago, former U.S. vice-president Dick Cheney caused a stir in 2004 when he uttered the word to a senator but TV mobster Tony Soprano used it constantly.

Yet even a fleeting use of the "F-word" or the "S-word" on U.S. network television remains subject to fines under a Supreme Court split ruling Tuesday, which critics said was out

of touch with ordinary Americans.

"What's the point of continuing to apply a censorship regime to one of the oldest mediums — broadcast TV and radio — when kids are flocking to unregulated mediums in large numbers?" said Adam Thierer, a senior fellow with the Progress and Freedom Foundation think-tank on the digital revolution.

REUTERS

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Mandel to host game show gala

EVENT Howie Mandel has been tapped to host GSN's Game Show Awards. The two-and-a-half-hour ceremony, which airs on the cable network June 6, will honour classic and contemporary game shows, with tributes to pioneers Bob Barker (*The Price Is Right*), game show producer Mark Goodson, and host/producer Monty Hall (*Let's Make a Deal*). Mandel received an Emmy nomination for his hosting duties on NBC's game show *Deal or No Deal*.

REUTERS

In brief

PEOPLE Noureen DeWulf has been cast opposite Jennifer Lopez in the romantic comedy *The Back-Up Plan*. The film centres on a wannabe mother who meets a romantic prospect on the same day she undergoes artificial insemination.

REUTERS

Kenya's Style

Kenya Hunt

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metronews.ca/kenyasstyle

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4/30/09	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
265	353	2	TVO	Megastructures		The Agenda With Steve Paikin		Empz 4 Life (2006, Documentary)	Sadiki Clarke.			Agenda-Paikin
211	331	3	GTV	ET Canada	Entertainment	Survivor: Tocantins (N)		The Office (N)	Kink in Hair	(10:01) Harper's Island (N)		News
-	-	5	SRC	Squelettes	Gars fille	Perdus (HDTV) (SC)		Le Galas 2007 du Festival		Le Téléjournal et Les Nou		La Zone
209	342	6	CHRO	Instant Star	TMZ (N)	Old Christine	Old Christine	America's Next Top Model		(10:02) Private Practice (N)		Comedy Now
196	311	7	CTV	Hollywood	etalk	CSI: Crime Scene Investg.		Grey's Anatomy (N)		Southland (HDTV) (N)		News (N)
208	303	8	CBC	NHL Hockey Playoffs - Teams TBA.		Jeopardy! (N)		The Office (N)	30 Rock	CBC News: The National		The Hour
-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Name Is Earl	Parks-Recreat	Dr. House (HDTV) (SC)	Destination Nor'Ouest (SC)	Southland (HDTV) (N)		News (N)
117	713	10	TVA	Dépenses xtr	Histoires-filles	Dr. House (HDTV) (SC)		Le Destin d'Audrey (2003, Drame)	Jean Smart, Carol Kane.	TVA 22 heures (10:45) Denis Lévesque		Loft Story
-	-	11	QS	Loft Story	Un monde bête	Louis Hémon		Voyage en Italie (1953, Drame sentimental)		Cent dix pour cent (SC)		Voit
137	763	12	TFO	Panorama		Survivor: Tocantins (N)		CSI: Crime Scene Investg.		(10:01) Harper's Island (N)		Two/Half Men
-	362	13	CBS	Dr. Phil (HDTV)		News (N)		News (N)		Two/Half Men		Cold Case
216	395	14	OMN2	Raymond	Raymond	Ugly Betty "Rabbit Test"		In Motherhood	30 Rock	Hell's Kitchen (N)		News (N)
214	344	15	CITY	Law & Order: SVU		Ugly Betty "Rabbit Test"		Vivres II	News (N)	The Simpsons	King of the Hill	Metropia
115	343	16	CFMT	2Half Men	The Simpsons	Name Is Earl	10 Items-Less	Le El True Hollywood Story		Party Monsters: Cabo		News (N)
218	345	18	EL	The Insider (N)	El News	Ugly Betty "Rabbit Test"		Grey's Anatomy (N)		(10:02) Private Practice (N)		News (N)
-	361	20	ABC	News (N)	Entertainment	Heure polit.	Congrès biennal	Congrès biennal		Revue		Congrès bien
512	396	24	CPAC	Congrès biennal	parti libéral	Michael Coren Show		100 Huntley Street		Life Today		This Is Day
651	365	25	CTS	Happy Days	Laverne	Bones (HDTV PA) (N)		Hell's Kitchen (N)		News (N)		News
-	365	26	FOX	TMZ (N)	Seinfeld	Yes, Prime Minister		Monarch of the Glen		Poldark		Charlie Rose
-	-	64	PBS	Business Rpt.	Equitrekking	CSI: Crime Scene Investg.		Grey's Anatomy (N)		Southland (HDTV) (N)		News (N)
205	312	104	CTV	Hollywood	etalk	Planet Earth		CBC News: The National		CBC News: The National		National
502	390	26	NW	CBC News	Newman	Campbell Brown: No Bias		Larry King Live (N)		Anderson Cooper 360 (HDTV)		Hockey Central
500	500	33	CNN	Lou Dobbs Tonight		MLB Baseball Boston Red Sox at Tampa Bay Rays. (HDTV) (Live)		Sportsnet Connected		Sportsnet Connected		Hockey Central
406	417	27	net	MLB Baseball Boston Red Sox at Tampa Bay Rays. (HDTV) (Live)		Grands reportages (SC)		Le Téléjournal (SC)		Le National		Le Téléjournal
128	730	28	RDI	24 Heures en 60 minutes		Le Téléjournal (SC)		Le Téléjournal (SC)		Le National		Le Téléjournal
400	280	30	TSN	NHL Hockey Playoffs - Teams TBA. (HDTV) (Live)		Departures		Mantracker		Bounty Hunter		Bounty Hunter
410	400	52	SCR	Pacquia 24/7	NBA Basketball	Teams to Be Announced. (Live)		Score Tonight		Bounty Hunter		Bounty Hunter
411	457	56	OLN	Bounty Hunter	Bounty Hunter	Departures		Mantracker		Bounty Hunter		Bounty Hunter
417	406	59	SC	Bullrun (HDTV)		Bullrun (HDTV)		Bullrun (HDTV)		Bullrun (HDTV) (N)		Pimp My Ride
554	544	48	TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	Tank Girl ★ (1995, Science Fiction)	Lori Petty, Ice-T.		Law & Order
557	540	51	FAM	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
551	542	65	YTV	True Jackson	H2O, Just Add	Malcolm-Mid.	Futurama	In Real Life "Bull Jobs"		Falcon Beach		Mystery Hnt.
570	580	29	MM	The Daily Fix		Ranked!		AC/DC: No Bull		Entourage	Gene Simmons	The Daily Fix
515	520	31	A&E	CSI: Miami "Silencer"		The First 48 (HDTV)		The First 48 (HDTV)		The First 48 (HDTV)		The First 48
628	584	32	SPKE	UFC Unleashed		UFC Unleashed		TNA Wrestling (HDTV) (N)		Pros vs. Jones		Pros vs. Jones
521	560	34	TLC	Overhaul'n' Mustang.		American Chopper		American Chopper (N)		Heil-Loggers (HDTV) (N)		Amer. Chopper
145	761	35	TVS	Destinations	Fourchette	Club social		Complément d'enquête		Journal TV5		Journal TV5
616	521	39	SHO	The Outer Limits		Love-Death	Love-Death	Trailer Park	Trailer Park	Catwoman ★ (2004, Action)	Halle Berry.	Law & Order
620	523	40	BVO	Camera	Snapshot	Bathroom Divas-Opera Star		Tales of the Rat Fink (2006, Documentary)		(DVS)		Law & Order
520	505	42	DIS	Daily Planet (N)		Real Superhumans-Quest for the Future Fantastic		Reba		MythBusters		Daily Planet
575	583	43	CMT	CMT Star Crossed		CMT at the 2008 CMA's		Reba		Hope & Faith		Gone Country
601	562	45	SLC	Skin Deep	Til Debt-Part	X-Weighted "Sarah"		X-Weighted		X-Weighted		ET Canada
625	548	46	COM	Air Force	Just for Laughs	Friends	Corner Gas	The Simpsons	South Park	VIP	Extreme Wind	Daily Show
294	529	47	TBS	House-Payne	House-Payne	Friends	Friends	Friends	Friends	Shrek ★★ (2001, Comedy)		Shrek ★★ (2001, Comedy)
600	564	49	H&G	House Hunters	Property Virgin	Holmes in New Orleans	Disaster DIY	Big Amazing		House Hunters	House Hunters	HolmesOrleans
627	528	50	SPC	Chuck (N)		Star Trek V: The Final Frontier ★★ (1989, Science Fiction)		Star Trek V: The Final Frontier ★★ (1989, Science Fiction)		Stormworld		Stargate SG-1
581	566	53	MTV	Mom & Dad	After	Canada's Next Top Model		The Hills	The Hills	Taking the Stage (N)		MTV Live
602	567	62	W	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design	Love It-List It	House
269	530	70	APTN	Warriors: TKO	Wapos Bay	By the Rapids	renewedepress	The Last Stop ★★ (2000, Suspense)	Adam Beach.	MTV		MTV
621	527	71	TLN	The Ellen DeGeneres Show (N)		TMZ (N)	etalk	American Idol Extra (N)		The Tonight Show-Jay Leno		TMZ
603	561	95	FN	Chef at Home	Exotic	Restaurant Makeover		Chef Jeff Project		Ace of Cakes	Ace of Cakes	Chef Abroad

critics'corner

Bones
After a dead fraternity brother is found inside the mascot uniform of a rival school, Bones and Booth (Emily Deschanel, David Boreanaz) discover the victim had a shady operation going on the side. Booth offers to help his brother Jared (guest star Brendan Fehr) get a job despite a dishonorable discharge from the Navy. Michaela Conlin also stars in the new episode "The Beaver in the Otter." 8 PM on 36 FOX



30 Rock
After Liz (Tina Fey) reprimands him in front of the show's staff, Tracy (Tracy Morgan) decides to start acting like a professional. During a visit, Jack's (Alec Baldwin) mother (guest star Elaine Stritch) reveals unpleasant memories about Jack's father and how he left the family. Jenna (Jane Krakowski) gets a pet pig-bon. Jack McBrayer co-stars in the new episode "The Natural Order." 9:31 PM on 15 CITY 9 NBC

Brit singing sensation Susan Boyle is reportedly looking to cash in with a tell-all book, according to Crain's New York. But some publishing executives say there might not be much to tell. "She has a story," one editor tells the newspaper. "But it's a short story." **METRO WORLD NEWS**

Celebrity Buzz

Katy flashed a girl and she liked it?

PEOPLE Katy Perry once flashed her vagina to Lady Sovereign. The singer accidentally showed the rapper her nether regions during a wild party in her hotel room, femalefirst.co.uk reports.

Lady Sovereign revealed to thehothits.com: "At one of her after-parties she put her pyjamas on and I don't think she was wearing anything underneath. It was like a long T-shirt kind of thing ... I saw something I shouldn't have seen."

Gossip blogger Perez Hilton recently claimed Katy and Lady Sovereign had "locked themselves in a bathroom" at a recent party and were "doing naughty things."

METRO NEWS SERVICES



Sam slapped with restraining order

LEGAL Los Angeles Superior Court Judge Aviva Bobb issued a three-year restraining order against Sam Lutfi, the singer's former manager Tuesday, people.com reports.

Jon Eardley — a lawyer who repeatedly challenged the validity of Jamie Spears' legal control over his daughter — was also slapped with a restraining order for three years.

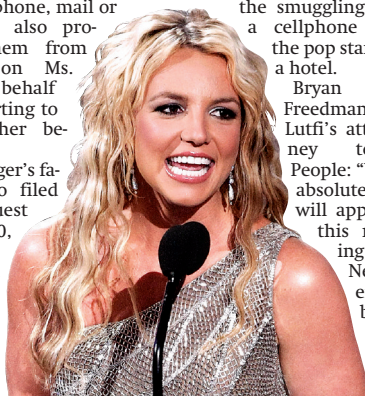
Both men must stay at least 100 yards away from Britney, her two sons and her family members' homes, and must not harass Britney and her children or contact them through phone, mail or email. It also prohibits them from "acting on Ms. Spears' behalf or purporting to act on her behalf."

The singer's father, who filed the request on Jan. 30, alleged that both men have harassed his daughter.

ter, adding Lutfi arranged the smuggling of a cellphone to the pop star at a hotel. Bryan Freedman, Lutfi's attorney tells People: "We absolutely will appeal this ruling. Never before in history has a restraining order been issued against someone who answered another person's cries for help."

The order followed several hearings in which Spears' father, her hairstylist, bodyguard, among others, testified that the singer was in fear of Lutfi. In his defence, Lutfi's younger sister Christina testified that it was Britney who hatched the cellphone scheme because she allegedly wanted Lutfi's help to end her father's control.

METRO NEWS SERVICES



Amy moving to St. Lucia?

LOCATION Amy Winehouse is moving permanently to St. Lucia, femalefirst.co.uk reports.

The troubled singer has spent the majority of the year on the Caribbean island and, after briefly returning to the U.K. last month, has decided to move to the island — she's

even reportedly found her dream beachfront home with a big garden, according to a source.

A source said: "Amy is fed up with the stress and trauma that comes with being in London."

"She has made so many friends in St. Lucia and says it feels like home."

When she returned to the U.K. in March she felt like an outsider."

Her record company has reportedly embraced Amy's desire to start over, and financed a recording studio so she can work on new tracks from home.

METRO NEWS SERVICE



Sean files for separation

SEPARATION Sean Penn has filed for "legal separation with minor children" from his wife of 13 years, actress Robin Wright Penn, usmagazine.com reports.

He filed the papers last Friday, Extra first reported.

Penn, 48, initially filed for divorce in December 2007, but his petition was later dismissed. Three days later, Wright Penn, 43, filed her own paperwork.

But in April 2008, the couple's divorce petition was dismissed at their request.

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- TIME Magazine



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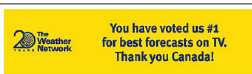
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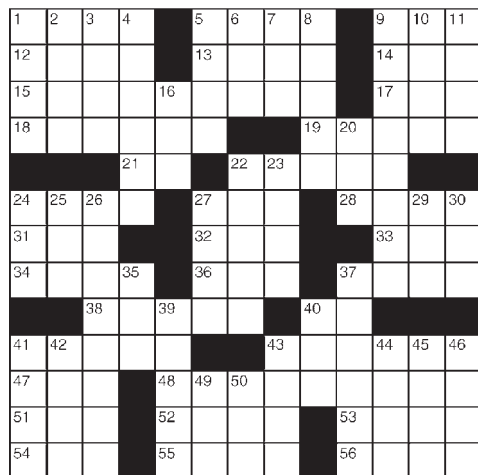
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Take Five



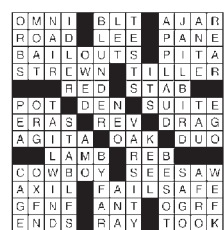
Crossword across

- 1 From square one
- 5 Orsk's river
- 9 Bumped into
- 12 — noise
- 13 Narc's measure
- 14 Skilled fighter pilot
- 15 February 2
- 17 That lass
- 18 Puts on a show
- 19 Salts town
- 21 Ego counterpart
- 22 Binge
- 24 Base runner's goal
- 27 "I — Camera"
- 28 Rodents do it
- 31 Playwright Levin
- 32 Folk-song mule
- 33 Bambi's aunt
- 34 Network
- 36 Doctrine
- 37 Charon's river
- 38 Ark contents
- 40 Apr., e.g.
- 41 Verify
- 43 Motion picture industry
- 47 Disencumber
- 48 Complete views
- 51 Commotion
- 52 Wreck
- 53 Stopwatch noise
- 54 Chaps
- 55 Look lecherously
- 56 Belligerent deity

Crossword down

- 1 Rudiments
- 2 Spruce
- 3 Sicilian spouter
- 4 Shoe with triangular sole
- 5 Mandolins' kin
- 6 Edge
- 7 Carte intro
- 8 Also-ran
- 9 "Le Cid" composer
- 10 Musical comeback
- 11 Abound
- 16 Opened
- 20 Cribbage scorer
- 22 Huge hit
- 23 Good place to get a date
- 24 That guy
- 25 Tramcar contents
- 26 Elephant's ancestor
- 27 — Minor
- 29 One or more
- 30 Main ingredient in lip-stick
- 35 Carpool-lane abbr.
- 37 Beethoven piece
- 39 Copy
- 40 "Bei — Bist du Schön"
- 41 Baby carriage
- 42 Carnival attraction
- 43 Traffic pylon
- 44 Eastern potentate
- 45 Pepper spray
- 46 Requests
- 49 Summertime mo.
- 50 Zero

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	7	2	6	4	8	3	5	9
4	9	5	1	3	7	6	8	2
8	6	3	2	9	5	1	4	7
2	3	6	7	5	4	8	9	1
9	5	4	8	6	1	2	7	3
7	1	8	9	2	3	4	6	5
6	4	1	3	7	9	5	2	8
3	2	7	5	8	6	9	1	4
5	8	9	4	1	2	7	3	6

Find today's answers + play more games at metronews.ca

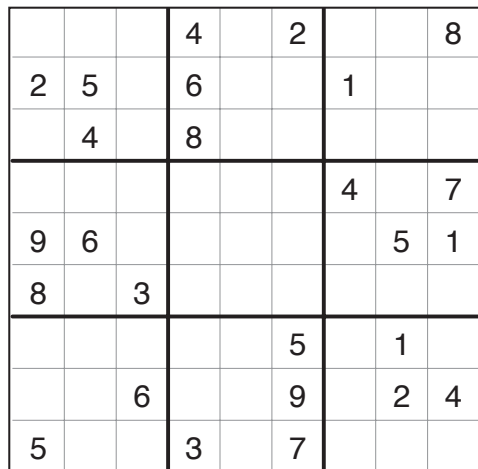
SUDOKU SOLVE TIME:

- Under 13 minGenius
13-17 minScholar
17-21 minSmart
21-25 minNot bad
25+ minKeep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Spanish Rice with Chorizo and Sage

INGREDIENTS:

- 1 1/4 cups (300 ml) chicken stock
- 2 tbsp (25 ml) olive oil
- 1 medium red onion
- 1 clove garlic
- 1 medium red pepper
- 1 cup (250 ml) long-grain rice
- 1 tsp (5 ml) turmeric
- 1 can (19 oz / 540 ml) chopped tomatoes
- Salt and black pepper
- 6 oz (170 g) chorizo sausage or spicy salami
- Small bunch of fresh sage
- 6 oz (170 g) frozen peas

METHOD:

1. Heat chicken stock in small pot. Heat olive oil in wide frying pan.
2. Peel and chop onion and garlic, add them to frying pan, and cook over moderately high heat until onion is soft, stirring frequently, 3 minutes.
3. While onion and garlic are frying, rinse, halve, de-seed and roughly chop

pepper. Add to pan with rice and turmeric, and stir-fry 3 minutes.

4. Add heated stock, canned tomatoes and their juice, and season to taste. Bring to boil, reduce heat, cover and simmer, stirring occasionally, 5 minutes.
5. Cut chorizo sausage into fairly thick chunks, then stir into rice and continue cooking 5 minutes.
6. Rinse and roughly chop sage and add to rice, with peas. Return to boil, then reduce heat, and simmer until rice is tender and has mostly absorbed liquid, 5 minutes. If mixture dries out before rice is cooked, add more stock, or some dry white wine. Serve hot.

SERVES 4



Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
Knowledge of a romance can cause suffering. A friend's respect brings out your good side. A forced move is not productive.



TAURUS
APRIL 21-MAY 21
Forgive someone who quickly apologizes. A receptive woman can keep a secret. A long wait ends at bedtime.



GEMINI
MAY 22-JUNE 21
A sudden attraction provokes a sharp comment. Preposterous people behave like cowards. Focus on being well and happy.



CANCER
JUNE 22-JULY 22
A meeting leads to new beliefs. Make a quick getaway after an interruption. Don't wait too long for a delivery.



LEO
JULY 23-AUG 23
Make a necessary break in your journey. Test a theory and make a request. Don't be afraid to take it easy.



VIRGO
AUG 24-SEPT 22
Slip away from a confusing crisis. An old-fashioned woman reprimands a fickle person. Someone's devotion will satisfy you.



LIBRA
SEPT 23-OCT 23
Work out a way to ease suffering. Someone's outrage will overwhelm you. Emotional turmoil causes a mishap.



SCORPIO
OCT 24-NOV 22
Accept new challenges for old time's sake. A daydreamer needs more information. A proud person is dangerously painstaking.



SAGITTARIUS
NOV 23-DEC 21
A situation worsens before improving. An incredible person needs to be pampered. A younger guy is only horsing around.



CAPRICORN
DEC 22-JAN 20
You'll be surprised by someone's guilt. Beware displaying any raw emotion in public. A traitor endangers a loving feeling.



AQUARIUS
JAN 21-FEB 18
A minor complication becomes a decisive factor. You'll overcome a bout of indecision. Someone's stubbornness is meaningless.



PISCES
FEB 19-MARCH 20
Make up with an unpredictable dissenter. Break new ground by using strong words. Stop talking about amusing yourself with gifts.



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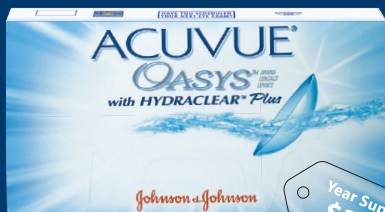
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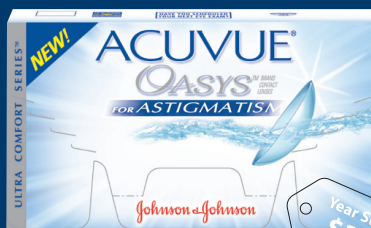


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